

# BAZAAR

Harper's

ULTIMATE SHOPPING GUIDE

10  
KEY  
BUYS  
FOR FALL

SOFIA  
VERGARA'S  
MODERN  
LOVES

PERSONAL  
STYLE  
ISSUE

GET  
SEXY  
HAIR  
EYES &  
LIPS

SECRETS OF  
CHIC  
WOMEN

BEST

NEW

LOOKS

+SHOE & BAG SPECIAL

COCO  
PEREZ





# My **LIST**

Valentino  
Garavani  
in 24  
hours

*The designer's life by the numbers*

300+ Caraceni suits    100 sets of china    6 pugs

**10:30 A.M.** I really love to sleep late. Now that I am working much less, I prefer to stay up at night, reading or watching TV, and get up later. I wear cotton pajama pants and a T-shirt to sleep. In the morning I put on a blue terry robe from Pratesi. I like to get up immediately and have my breakfast at a small folding table. My breakfast is rather simple, as are all other meals: berries and Greek yogurt and tea, and a cup of hot water with lemon. People believe I have huge, rich banquets all the time. It's just the opposite, as I hate rich food, and I follow a rather strict regime. My room in Wideville [outside Paris] is enormous, so walking to the different places in the room is already a good morning exercise. I hate baths; instead I just take a shower. I use L'Occitane bath oil and a mild shampoo, Maple Wash, from a small Italian company, Philip Martin's. **10:45 A.M.** Getting ready is long. I start to get dressed, which takes more than one hour, but there are calls in the middle and playing with my dogs. I always wear Caraceni, my tailors in Rome, mostly jackets with light-colored pants. I own 300 suits from them, but I keep ordering again and again. Sometimes I wear Ralph Lauren. My shoes are Jo from the 1930s hn Lobb, Berluti, or alligator shoes made to measure in Naples. My cologne is Jo Malone's Dark Amber. My first telephone call is usually to Giancarlo [Giammetti]: "How are you? Did you sleep well?" That kind of conversation. I make two or three calls during my preparation to the most important people in my life. Giancarlo and I have built this family of friends—they are the only ones who have daily contact with me. I like to call them many times a day; that way I feel closer to them

even if they are not with me. But I hate long calls. I don't use the computer, fax, e-mail, or text messaging. I don't read about fashion, and my only information comes from TV—CNN or Italian news channels. I read an Italian newspaper, but they bore me because they just talk about politics and scandals in politics. I prefer TV.

**12:30 P.M.** I do a tour, weather permitting, of the gardens, followed by my six pugs: Mary, Maude, Milton, Monty, Molly, and Margot. It all started with Maggie, their mother; since then I've loved the sound of names with *M*. **1:45 P.M.** Lunch is mostly in the *jardin d'hiver*, with a great view of the gardens. I am alone or with an associate or a friend, usually Giancarlo or Bruce [Hoeksema].

I try to eat a simple diet: no sugar, no milk, no dairy except goat cheese, no gluten pasta, Bio Rice, no meat, some fish (not the ones with mercury), vegetables, no potatoes, no bread except rice crackers or grissini, one glass of red wine, sugarless sherbet, all sweets made with almond milk and xylitol

sweetener, and one coffee a day. **3:00 P.M.** In the afternoon, if I don't have meetings >

